



Planned Program Components SYS

International Adult Figure Skating Competition
Ottawa, Canada
15th-19th February 2022

**Please submit a copy of this page for each event entered - complete by computer or in capitals
For pairs and dance events it is sufficient if one partner fills in the following form**

Team Name _____

Team Manager _____

Federation _____

ELEMENTS IN ORDER OF SKATING

1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

9 _____

10 _____

11 _____

12 _____

Mark transition elements (non-scoring elements) with a "T"

Please upload completed PPC form to:

<https://www.rideauskating.ca/pages/ISU-Adult-Competition-Feb-2022/>

Deadline for PPC Forms: 15th January, 2022

Please complete this form by computer and "print" to pdf
Or complete by hand in BLOCK CAPITALS