

Helmet Policy**Document Classification:** Policy**Associated Documents:** None**Document control:**

Implementation	Date: May 2022
Next Review by Board	Date: May 2023

POLICY purpose:

This policy provides the board of directors and committee members with the guidelines for the use of helmets in skating programs.

POLICY scope:

This policy applies to the board of directors, committee members, and club members of the Rideau Skating Club.

This policy is presented for acceptance at the time of registration.

POLICY statement:

Rideau Skating Club adheres to the Skate Canada's helmet use policy. The helmet use policy is outlined on the Skate Canada website (www.skatecanada.ca) in the Safe Sport Guide.

The full Safe Sport Guide can be found at the following link.

(<https://info.skatecanada.ca/index.php/en-ca/guides/50-guide-to-safe-sport.html>)

- Skaters working STAGE 5 and below, as well as skaters in the CanPowerSkate program, MUST wear CSA approved hockey helmets.
- Skaters working on STAGE 6 or higher may choose to continue to wear a helmet at their discretion. The skater, parent/guardian have the final say as to whether or not the skater will or will not wear a helmet.
- Skaters, regardless of age, who lack good control/balance when skating forward, backwards and have difficulty stopping, as well as maneuvering around obstacles on the ice are required to wear a CSA approved hockey helmet.
- The helmet policy is not optional for clubs. Failure to meet the Skate Canada helmet policy, in programs that require a helmet, will result in the skater being refused entry to the ice surface or being escorted off of the ice.