

PROGRAM ASSISTANT AGREEMENT

WITH

THE RIDEAU SKATING CLUB

Program Assistants are an essential component of the Canskate and Special Junior Programs of Rideau Skating Club. Program Assistants (PA's) agree to abide by the following:

1. I will be on time. If I am unable to attend one of my scheduled sessions, I will attempt to find a replacement. If I am unable to find a replacement I will contact Andrew Bestwick at 613-277- 0237.
2. I agree to attend all Program Assistant training sessions.
3. I will wear appropriate clothing (**NO JEANS**). Good choices are warm up outfits or tracksuits. Please dress warmly as you will not be moving as much as you would in a regular session.
4. I will be **ON TIME** and available for the warm-up to help the younger skaters. I will not chat with other PA's during warm up. I will assist the coaches in group instruction
5. I will be available to assist with lacing skates, if needed.
6. I will remember that I am a role model to these young skaters. How I behave on and off the ice make's a big impression on them.
7. I am making this commitment for the whole season, September 2009 to April 2010. If for some reason I am unable to fulfill this agreement, I will contact Andrew Bestwick at 613-277- 0237 immediately.

I, _____ of the Rideau Skating Club understand the above agreement and will abide by these rules as stated. I will look over my schedule in advance and make arrangements if I cannot be there for scheduled sessions.

Andrew Bestwick
PA Coordinator

Program Assistant Signature

Date

Parents Signature