



"The Summer Edition"

Your hometown Skating club in Manotick

REGISTRATION IS IN FULL SWING!!

The registration deadline is fast approaching - get your forms in before Friday, August 28th to avoid the \$30 late registration fee.

Our first day back in Manotick is Monday, September 7th - Only two weeks away!!!

Eastern Ontario Section offers a Program Assistant Clinic

To our Rideau Program Assistants,

The Eastern Ontario Section is offering Program Assistant (PA) training this year - this is in addition to the training that you receive from the Club. It will provide you with new ideas and techniques on how to keep the Canskaters engaged, active and interested on the ice. It is a great opportunity as the clinic is being delivered by Sheilagh McCaskill - Skate Canada Best of the Best Coach 2008.

When: Tuesday, September 1st from 6-8 p.m.

Where: North Grenville Municipal Centre, Kemptville

You are encouraged to attend if possible. This is a great opportunity to train with a Best of the Best Canskate coach, particularly for anyone who is considering coaching later on ;-)

If you are interested in attending, please reply by Tuesday, August 25th. There is no cost to the attendees.



*CALL FOR VOLUNTEERS: 2009
Autumn Skate!*

Each year, Ottawa-area Skating Clubs, along with the Eastern Ontario Section, run a major competition in Ottawa called, `2009 Autumn Skate`. This year it is being held at the Kanata Recreation Complex, at 100 Walter Baker Place from **Thursday September 17th to Sunday, September 20th.**

Again this year, the Rideau Skating Club is responsible for the management for the music registration desk at this competition; any profits from the competition are distributed amongst the volunteering clubs, and last year the Club received over \$400 for our volunteer`s time at the music registration desk.

We are looking for volunteers from the club to help out at this year's Autumn Skate. Volunteers register the music for each skater, ensure that it is provided to the music players in a timely fashion, and return the music to the skater, along with their results sheet (where applicable). We try to run four-hour shifts where possible; we are looking for volunteers to assist from 7 a.m. each morning to 10-11 p.m. Yes, there is a lot of time to cover, so we need your help!

It is a great way to raise money for the club, and a great event to see some new and upcoming skaters! Also, if you know of any high school students, this can count towards their volunteer hours. **If you can help out, please contact Angela Justason.**

CANCELLATION REMINDERS:

Note that there will be no off-ice on the first Saturday, September 12th.

Happy Landings!
RSC Executive

A member of



www.rideauskating.ca