

**SCHEDULE – MANOTICK (LEITRIM ON TUESDAYS)**

Manotick programs Sept 7, 2009- Apr 2, 2010

Attention: Leitrim program (Tuesday)

Sept 29, 2009- Apr 20, 2010

DAY	TIME	SESSION
MON	4:00-4:50	SR Freeskate /Open
	4:50-5:50	INT / SR Freeskate
TUES Sep 29,- Apr 7 Leitrim Fred Barrett Arena	5:30-5:45	SP JR / JR Stoking
	5:45-6:30	SP JR / JR Freeskate
	6:40-7 :00	SP JR / JR Skills/Dance
	6:00-6:50	INT / SR Off-ice
	7:00-7:50	INT / SR Freeskate
	7:50-8:20	INT / SR Skills / Dance
WED	4:00-4:15	JR / INT Stoking
	4:15-5:15	JR / INT Freeskate
	5:15-5:45	JR / INT Skills & Dance
	5:45-6:50	SP JR / ADV CanSkate Freeskate / Dance
THURS	4:00-4:45	SR Freeskate
	4:45-5:05	SR Skills / Dance
	5:05-5:50	SR Freeskate
FRI	4:00-4:45	SP JR / ADV Canskate / JR Freeskate
	4:45-5:05	Open Spins / All Levels
	5:05-5:50	INT / SR Freeskate
SAT	10:00:-10:50	SR "A" Freeskate
	10:50-11:10	SR Dance
	11:10-11:30	SR Skills
	11:40-12:30	Dance/ Adult
	12:30-1:15	SR "B" / INT Freeskate
	1:25-1:45	JR / INT Skills
	1:45-2:05	JR / INT Dance
	2:05-2:50	JR Freeskate
	2:50-3:50	SP JR/ ADV CanSkate Freeskate
	11:40-12:25	SR "A" / INT Off-Ice (also SR "B" not doing Dance/ Adult)
	12:30-1:15	JR Off-Ice
	1:30-2:15	SR "B" / Dance / Adult Off-Ice

**SCHEDULE – LEITRIM Apr 5 - 23, 2010**

Fred Barrett Arena

Note Times & Dates:

Date	Time	Session
Mon Apr 5	4:30-5:20	SR Freeskate / Open
	5:20-6:20	INT / SR Freeskate
Mon Apr 12, 19	5:30-6:20	SR Freeskate / Open
	6:20- 7:20	INT / SR Freeskate
Tues Apr 6,13,20	5:30-5:45	JR / INT Stoking
	5:45-6:30	JR / INT Freeskate
	6:40-7 :00	JR / INT Skills/Dance
	7:10-8 :00	JR / INT Off-Ice
	6:00-6:50	SR Off-ice
	7:00-7:50	SR Freeskate
	7:50-8:20	SR Skills / Dance
	4:30-5:25	JR / INT Freeskate
Wed Apr 7	4:30-5:25	JR / INT Freeskate
	5:25-6:20	SP JR / ADV CanSkate Freeskate / Dance
Wed Apr 14, 21	4:30-4:45	JR / INT Stoking
	4:45-5:45	JR / INT Freeskate
	5:45-6:15	JR/ INT Skills/ Dance
	6:15-7:20	SP JR / ADV CanSkate Freeskate / Dance
Thurs Apr 15, 22	4:30-5:15	SR Freeskate
	5:15-5:35	SR Skills / Dance
	5:35-6:20	SR Freeskate
Fri Apr 9	4:30-5:15	SP JR / ADV Canskate / JR Freeskate
	5:15-5:35	Open spins/ all levels
	5:35-6:20	INT / SR Freeskate
Fri Apr 16, 23	5:30-6:15	SP JR / ADV Canskate / JR Freeskate
	6:15-6:35	Open spins/ all levels
	6:35-7:20	INT / SR Freeskate

**ICE CANCELLATION DATES**

Mon: Dec 28

Tues: Dec 29

Wed: Nov 18, Dec 30 , Feb 3

Thurs: Dec 24, 31, Apr 8

Fri: Nov 6, Dec 25, Jan 1, Feb 5

Sat: Nov 7, 14, Dec 26, Feb 6

**OFF-ICE CANCELLATION DATES**

Saturday: Sept 12, Jan 30

**RSC 2009-2010 COACHES**

Name	Phone #
Andrew Bestwick	819- 682-5257
Jan Calnan	613- 821-0557
Marie-Josée Cloutier	819- 459-2453
Brandi Young	613- 823-0840
Tom Jackson	613-824-1511
Katrina Millard-VanLuven	613- 692-6217
Darryl VanLuven	613- 692-6217

**RSC 2009-2010 EXECUTIVE**

Position	Name	Phone #
Past President	Kathleen Hedley	613-826-1050
President	Angela Justason	613-894-7518
Vice-President	Peggy Austen	613-822-0702
Finance	Robyn Hopkins	613-821-6239
Secretary	Kim Stewart	613-489-3194
Treasurer	Denise Dziubaniuk	613-826-0950
Registrar	Cathy Glavine	613-825-9313
Publicity	Dan Gray	613-523-6732
Special Events	Mary-lou Mulvey	613-821-0466
Can Skate Rep	Dominique Loftus	613-692-6643
Test Chair	Donna Johnston	613-692-2845
Coaches Rep	Brandi Young	613- 823-0840



[www.rideauskating.ca](http://www.rideauskating.ca)

**Fall/Winter  
Program  
2009-2010**

(Sept 2009 to April 2010) Return Completed  
Registration Forms to your coach or mail to:  
**RIDEAU SKATING CLUB**

P.O. Box 422, Manotick, ON K4M 1A4

**Attn: Registrar**

Registration Deadline for returning  
Skaters: **Aug 28, 2009**

FOR MORE INFORMATION PLEASE  
CONTACT THE CLUB AT  
**613-692-2804**

[RIDEAUSKATING@GMAIL.COM](mailto:RIDEAUSKATING@GMAIL.COM)

## RSC SESSION LEVELS

**Adv CanSkate / Special Juniors:** Intended to provide both the skater and the parent with an "Introduction to Figure Skating". Private and Group lessons are offered. Group lessons include coaching fees; a coach is assigned by the club. Fees for private lessons are invoiced directly to the parent by the coach. A list of coaches is provided in this brochure and on the Club website. This program is available to those who have passed Level 3 CanSkate, and who have a desire to further their Figure Skating skills.

**Junior:** Skaters who have passed a minimum of 1 Skate Canada test. Must register for Skills and/or Dance, as well as Freeskate.

**Intermediate:** Skaters who have passed a minimum of ½ Jr Bronze Freeskate, or both Jr Bronze Skills & Dance.

**Senior "A":** Skaters who have passed a minimum of complete Sr Bronze Freeskate / Juvenile Singles Competitive or both Jr Silver Skills & Dance.

**Senior "B":** Skaters who have passed a minimum of 1/2 Sr Bronze Freeskate, or both Sr Bronze Skills & Dance

**Off-Ice:** Off-Ice conditioning is taught by a trained professional and is held in the Arena. Proper attire, including running shoes, must be worn to participate in the classes.

Tuesday Off-ice classes will be in the hall at Leitrim. Saturday off-ice will held in the Manotick upstairs hall.

## PROGRAMS

RSC Programs run from **Mon, Sept 7, 2009 – Fri, April 23, 2010**  
**Note:** All sessions (except Saturdays) will move to the **Fred Barrett Arena, Leitrim** beginning **April 5, 2010. See Schedule for Dates & Times.**

## MEMBERSHIP

Registration fees include Club membership, ice cost, and program fees. There is a separate charge of \$31 for Skate Canada Membership and Insurance. **All skaters must be registered with Skate Canada by the registrar before being allowed on the ice.** For skaters registered at another club and in good standing for 2008-2009, this fee is waived when both their Skate Canada number and Home Club are provided.

**Guest Skating and Training Ice:** RSC members are granted unlimited guest skating/training ice, and will be invoiced by the Club. Approval of Guest skating for non-members is at the discretion of the Registrar. Non-members **MUST** pay prior to guest skating.

**Payment:** Applications for returning skaters are due with payment by August 28, 2009. **Applications received after Aug 28<sup>th</sup> are subject to a \$30 late fee.** Total fees exceeding \$500.00 (same skater), may be paid by post-dated cheques in three equal parts, (Aug 28, 2009, Nov 30, 2009, and Feb 26, 2010 ) All cheques are payable to **Rideau Skating Club**

**Outstanding Fees:** Where a skater has an amount owing to the RSC for an extended period of time (more than 30 days), the Board and / or Professional Coach has the right to not allow the skater on the ice until all outstanding balances have been paid.

**Refunds:** Please refer to our Refund policy posted on our website for full details. All refunds require Board approval prior to being processed. Requests must be submitted in writing to the Registrar. A \$30 administrative fee will be deducted.

**Late Registration:** All fees will be prorated to the applicable number of weeks in the selected program and may be subject to a \$30 Administrative fee.

**Add/Change Forms:** Forms must be completed for all changes and transfers during the 2008-2009 season, and be submitted to the Registrar.

## RULES & REGULATIONS

Rideau Skating Club reserves the right to move skaters between classifications, depending on the skater's ability and the professional coaches' recommendations. RSC reserves the right to change/cancel sessions and ice times depending on registration, and club requirements. All changes and / or cancellations will be posted on the Club's website. Skaters registering with the club must abide by the RSC rules, also posted on the Club's website. Skaters may not substitute one day of skating for another without prior permission from the registrar.

## SCHEDULED TESTS DAYS

**Wed Nov 18, 2009** Manotick 4:00-9:00  
**Wed Feb 3, 2010** Manotick 4:00-9:00  
**Sat April 17, 2010** Leitrim 8:30-1:30

Test Days will be held as determined by the Executive and subject to the availability of evaluators and officials. Rideau Members will be invoiced for test fees. **Non-Members must pay fees prior to testing.** Skaters may be required to take tests at other skating clubs, and will be responsible for their own fees and associated expenses.

## IMPORTANT CLUB DATES

**Christmas Party**  
Fri, Dec11, 2009 (6:00-8:00)

**Special Junior Showcase**  
Sat, Mar 27, 2010 (2:00-4:00)

**Fun Day** Sat, April 24, 2010

**AGM** TBA

**Our Website!** [www.rideauskating.ca](http://www.rideauskating.ca)  
Here, you will find our schedule, registration information, photos, news about the club and our skaters, along with an area for 'gently used' items for sale by Club members.